



Tuppenny Barn Events Programme – October – December 2016

Saturday 15 October | 9.30am / 4 hours

'Twist': Garden obelisk / plant support workshop

With expert tuition from Rebecca and Mark Ford from Two Circles Design you will make a full-size obelisk to take home; ideal in the garden to support climbing plants. After this great hands-on eco-friendly experience you will have the skills needed to make your own. All materials will be supplied, and most tools, but please bring a good pair of secateurs, gloves and outdoor clothing. Working with chestnut, willow or hazel can be quite tough on your hands and you will need a reasonable amount of strength!

Tickets: £45pp, includes refreshments for a break. Please bring your own lunch.

Saturday 15 October | 2:30pm / 2 hours

Circle Dance with Claire Wilton

Circle dancing is a very easy to follow dance style where all steps are taught as you go. We will be dancing to beautiful music from around the world. Suitable for all, no partner required. The event is organised and led by local dance teacher Claire Wilton with all proceeds going towards the Tuppenny Barn Education Centre.

Tickets: £8 includes a drink and homemade cake.

Friday 21 October | 10am / 1.5 hours

Tuppenny Tots: Halloween-themed mask-making activity

These sessions are especially for pre-school children and their parents, to have fun with nature-themed craft and play activities. Please bring wellies and coats. Drinks and homemade cakes included.

Tickets: £5 per family. Please pre-book online or phone in advance to let us know you're coming.

Tuesday 25 October | 10am / 4 hours

Children's Holiday Activity | Halloween

A fun activity day for half-term. We will be doing lots of exciting Halloween crafts including pressing apples, making apple rings and apple candles, baking and eating lunch around the bonfire, weather permitting!

Please bring a packed lunch, and clothing for all weathers.

Tickets: £20 per child (£15 for siblings).

Wednesday 2 November | 10.30am / 4 hours

Creative Writing : "Elements of Nature": Earth

During a series of writing workshops with Lizzie Chittleboro we will explore the elements of: earth, fire, air and water using the natural world for inspiration. This month's theme is Earth. The workshop is suitable for all abilities, no previous writing experience is necessary. Bring your own lunch, drinks provided.

Tickets: £20. All places must be booked in advance.

Friday 4 November | 11am / 2.5 hours

Create, Upcycle and Reuse

A free, drop-in creative session. Take time to be creative and learn and share skills. This is a great opportunity to make new friends and become part of a creative, sustainable sewing and art-textile community. Free entry and parking. Drinks and homemade cakes on sale at the cafe.

Saturday 5 November | 7.30pm / 3.5 hours

Music@theBarn presents Phillip Henry and Hannah Martin

Phillip Henry, one of the UK's finest slide guitar and harmonica players and fiddle player/singer Hannah Martin, were winners of the BBC Radio Two Folk Award for Best Duo in 2014. 'Watershed', their third studio album, was released in September 2015.

Tickets: £14 pp. Licensed Bar.

Monday 7 November | 3.45pm / 1 hour

Tuppenny Explorers Club: Hibernation and Hedgehogs

A nature-themed after-school club for 4-11 year olds. We will be making teasel hedgehogs and creating leafy shelters at the base of trees in which hedgehogs can hibernate. £5 per child or £12 if three sessions are booked in advance.

Friday 11 November | 7pm / 3 hours

Ethical Fashion at Christmas

It's not easy to be a follower of fashion and socially responsible at the same time, but this fun event will make it less of a challenge! Join us as we transform Tuppenny Barn into a catwalk and sustainable fashion boutique for an evening where we promote alternative ways to shop for clothing and jewellery, including vintage/retro/pre-loved, as well as ethical high-street brands with sustainability at their core. Catwalk compere is Naomi Thompson of Style Me Vintage fame.

Tickets: £10 pp; includes a welcome glass of wine.

Saturday 12 November | 10am / 2.5 hours

Environmental Art: Clay and Driftwood– Part II of two-part workshop (see Saturday 1 October for Part I)

Taught by Carla Allen, ceramicist and teacher of ceramics at South Downs College, our previously fired artwork (for those who took part in Part 1) will be assembled with driftwood to create natural sculptures. For those who didn't take part in Part 1, we will be using nature as inspiration to create ceramic forms, to be fired by Carla, and then assembled with driftwood to create a natural sculpture. No experience necessary: all abilities welcome. Cake and coffee provided.

Tickets: £30 per person.

Monday 14 November | 9.30am / 3 hours

Bread making workshop with award-winning chef Lawrence Murphy of Fat Olives

Develop your artisan culinary skills and learn how to bake an organic, brown free-form loaf and a tasty focaccia, to take home. Take a stroll around our organic smallholding between loaves, whilst the smell of baking bread fills the air!

Tickets: £39 pp, including welcome homemade refreshments and all ingredients. Equipment and aprons will be provided.

Monday 14 November | 6.30pm / 9.30pm

Take more control of your health and energy by finding some inner peace.

Based in science and cutting edge awareness, this workshop is the 1st step in a potentially life-changing process to help make you feel energetic and vibrant; experience more peace within yourself; be more confident, effective and productive; feel more loving towards yourself and others; have harmonious relationships that feel really supportive and find your potential, creativity and good fortune. Led by Kim

Pritchard and Kathy Adams, well-established and highly regarded therapists, coaches and trainers; you will be inspired and take away new awarenesses and valuable tools to help you break through to a new experience of you.

Tickets: £15.00 pp.

Tuesday 15 November | 6.30pm / 2.5 hours

Tuppenny Barn Working Party

Are you willing and able to lend a hand for a couple of hours to have fun and help make Christmas stock for our shop? Amongst other things we will be making willow wreaths, willow stars, labeling jars of chutney, preparing jam jars and much more! Homemade refreshments/glass of wine/cup of tea will be provided.

To register your interest please email emma@tuppennybarn.co.uk

Friday 18th November | 10am / 1.5 hours

Tuppenny Tots: Christmas Craft for Christmas Gifts

Have fun with nature-themed craft and play activities. These sessions are especially for pre-school children and their parents. This week we will be making Christmas decorations and other Christmas crafts to take home.

We always try to spend time outdoors (weather permitting) so please bring wellies and coats. Drinks and homemade cakes included. Tickets: £5 per family. Please pre-book online or phone in advance to let us know you're coming.

Saturday 19 November | 10am / 2.5 hours

A Beginners Guide to Beekeeping

This workshop is intended for people who have an interest in keeping bees and need some guidance as to what is involved.

We will cover The Honey Bee, its history and life cycle and use as a pollinator. We will also look at the Bee Hive, looking at types, sizes and their component parts. Lastly, you be guided through the equipment needed and be given an explanation of the work involved in a beekeeping year. Please note the workshop is not intended to enable participants to keep bees following the workshop, but will point towards local Beekeeping Associations who can help you undertake the next stage.

Tickets: £30 per person; information sheets to take home.

Monday 21 November | 7.30pm / 2 hours

Homeopathy for the family

Homeopathy is a safe, gentle, effective and non-toxic route to the restoration and enhancement of health. This evening, local homeopath Diana Tibble www.dianatibble.co.uk will help us discover how to use homeopathy for the treatment of minor ailments and illnesses within the family. Homeopathy first aid kits will be on sale.

Tickets: £10 pp; includes refreshments.

Tuesday 29 November | 6.30pm / 2.5 hours

Tuppenny Barn Working Party

Are you willing and able to lend a hand for a couple of hours to have fun and help make Christmas stock for our shop? Amongst other things we will be making willow wreaths, willow stars, labeling jars of chutney, preparing jam jars and much more! Homemade refreshments/glass of wine/cup of tea will be provided.

To register your interest please email emma@tuppennybarn.co.uk

Friday 2 December | 11am / 2.5 hours

Create, Upcycle and Reuse

A free, drop-in creative session. Take time to be creative and learn and share skills. This is a great opportunity to make new friends and become part of a creative, sustainable sewing and art-textile community. Free entry and parking. Drinks and homemade cakes on sale at the cafe.

Saturday 3 December | Natural Wreath Workshop | 10am / 3 hours

Join our relaxed workshop with Maggie Haynes to create a truly unique, natural wreath to complement your Christmas decorations and take home your handmade wreath to proudly hang on your front door! Tickets: £30 per person. All materials and refreshments provided.

Saturday 3 December | 10.30am / 2 hours

Christmas Decorations for Children: workshop

Running along side the Natural Wreath Workshop, above, this is a fun, craft-filled morning for children from age of 5 years+. We will make Christmas decorations to decorate the tree at home with, and also bake some delicious seasonal biscuits.

Tickets: £10 per child. All materials and refreshments provided.

Monday 5 December | 3.45pm / 1 hour

Tuppenny Explorers Club: Wonderful Wreaths

A nature-themed after-school club for 4-11 year olds. This week we will be learning about evergreen species and making our own wreaths. £5 per child or £12 if three sessions are booked in advance.

Monday 5 December | 7.30pm / 2 hours

Introduction to Self-Hypnosis

Self-hypnosis provides an opportunity to increase internal focus, loss of interest to the external world and increased suggestibility. This is a state you chose to go into, not one that is imposed on you. The essence of the evening will be to teach you the art that you can then use in your day-to-day life, enhancing your will to achieve your desires and create new positive habits. At no point will you be out of control or do or say anything that you do not want to. Led by Diana Tibble www.dianatibble.co.uk.

Tickets: £10 pp; includes a welcome refreshment.

Wednesday 7 December | 10.30 am / 4 hours

Creative Writing : "Elements of Nature": Fire

During a series of writing workshops with Lizzie Chittleboro we will explore the elements of: earth, fire, air and water using the natural world for inspiration. This month's theme is Fire. The workshop is suitable for all abilities, no previous writing experience is necessary. Bring your own lunch, drinks provided.

Tickets: £20. All places must be booked in advance.

Sunday 11 December | 12 midday / 3 hours

Tuppenny Barn Christmas Market

At our annual Christmas market - deliberately close to C'mas - we have a fabulous selection of artisan and local produce, plus unique and handmade ideas for gifts. Our pop-up café will be open and selling delicious seasonal, homemade refreshments. Free entry and parking.

Sat 31 December | 7.30pm / 5 hours

New Years Eve Party

If you're looking for uplifting and popular music to welcome in the New Year, then look no further! We are having a fun-filled party at the Barn with great live music, competitions, festive food and licensed bar. £25 per person, includes New Year's Eve meal. Licenced Bar. Book tickets in advance.